

South Eastern Michigan's Most Innovative Dojo, (734) 645-7069



Dr. Jigoro Kano

Jigoro enrolled the following year at Tokyo Imperial University at the age of 18. When he wasn't in class or studying, he would go off in search of an osteopath because they had all received jujitsu training. Apparently, he was still obsessed with the desire to learn the art of manly self-defense and concluded jujitsu offered him the best hope. His search finally led him to the door of a bone doctor in Nihonbashi named Teinosuke Yagi who promised to introduce him to a jujitsu teacher living in the neighborhood.

started his training in jujitsu at the age of 17, but his instructor, Ryuji Katagiri, felt he was too young for serious training. As a result, Katagiri gave him only a few formal exercises for study and let it go at that. The determined young man was not about to be put off so easily, however, and finally wound up at the dojo of Hachinosuke Fukuda, a master in the Tenjin-Shinyo School of Jujitsu who had been recommended by Dr. Yagi.

exercises, but to concentrate on free-style fighting in practice sessions. Jigoro Kano's emphasis on "randori" in Judo undoubtedly found its beginnings here under Fukuda's influence. The Kodokan's procedure of teaching beginners the basis of Judo, then having them engage in randori and only after they had attained a certain level of proficiency, teaching them the formal kata, came from Fukuda and a later sensei named Ikkubo.

Fukuda stressed technique over formal exercises, or kata. His method was to give an explanation of the

Jigoro Kano had actually

Special Interest Articles

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A.C.E Martial Arts Contacts

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A.C.E Wants You... (To bring a friend)

A.C.E. is looking for a few good Judoka's! A new student in our club brings diversity and opportunities for us all to grow in the martial arts. We are currently offering a referral program that offers rewards for bringing new perspective students to the dojo.

To further say thank you for your recruiting efforts when your guest chooses one of our enrolment plans you will also be rewarded with a T-shirt and the following compensations...

- 1 month** - \$10
- 3 month** - \$25
- 6 month** - \$50
- 12 month** - \$100

- Bring a Friend Rewards -

- 2 guest** - \$10 A.C.E Bucks
- 3 guests** - Private lesson
- 4 guest** - Free Judogi
- 5 Guest** - Free Month

For more information please contact Sensei Powers (734) 645-7069





Judo (Japanese: 柔道, *jūdō*; "gentle way") is a martial art, sport, and philosophy originated in Japan. Judo was developed from Jujutsu, and was founded by Dr. Jigoro Kano (嘉納治五郎) in 1882. The sport became the model of the modern Japanese martial arts, gendai budo, developed from old koryu schools. Practitioners of Judo are called **judokas**.

Welcome New A.C.E. Members

We're delighted that you'll be joining our community, and we hope that you are excited at this prospect as well! While you and your classmates hail from all over the world and you each have your own story to tell, you all have this in common: you are each about to start a new chapter in your life,

Please help us give a warm welcome to the following students who have joined us over the last few months.

- o Mike Kohne
- o Farhad Ebrahim

鍛錬千日
勝負一瞬



Upcoming Events

We are looking forward to the following upcoming Judo and Jujitsu events.

Mar 23 Tokhon International Judo Camp - @TohkonChicago, www.judocalendar.com/judo/20060327Tokhon.pdf

Mar 24-26 Middle School, High School, and Collegiate National Championship
High School: USA Judo Junior Class C event
Collegiate: USA Judo Senior Class E event (No points, only E Classification)
Chicago, patusajudo@aol.com

Apr 07-Ohio State Open Judo Championships moved from Mar jonmira@aol.com

Apr 16 Women's Workout at Southside DojoPortage, www.judocalendar.com/judo/20061210SouthSideWomens.pdf

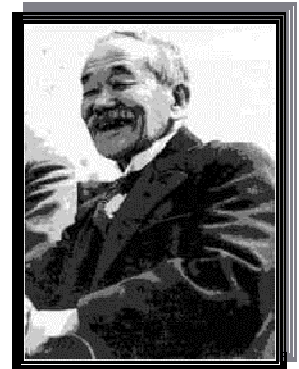
Apr 30 Konan Invitational Judo<mailto:NJSimon@aol.com>

May 06 Ameri-Kan Judo Joint Workout419-722-3476

May 13 2006 Glass City Invitational<http://www.judotoledo.com/>

May 13 2006 Buckeye Open Lodi, OH jhjud@earthlink.net

Jul 21-22 ALL AMERI-KAN JUDO and JU JISTU CAMP Tiffin, OH www.judocalendar.com/judo/20060721amerikancamp.html



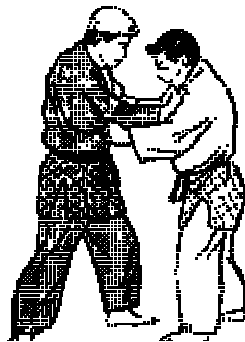
Technique of the Month-

Ashi Guruma looks a little similar to Harai Goshi, but the mechanics of the throw are very different! Instead of your leg sweeping, it is used as a prop so you can wheel (Guruma) your partner round it. O Guruma has the same mechanics but your leg is raised to waist height, parallel to the floor.

Ashi Guruma

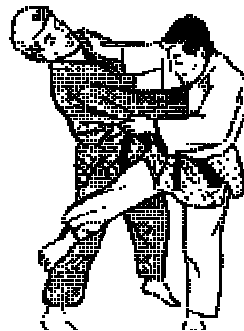


Breaking it Down



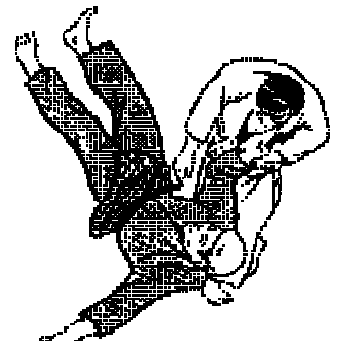
Kuzushi

Having broken your opponents balance to the right front corner...



Tsukuri

You pivot and extend your right leg across his right knee and...



Kake

Throw them over your leg in a large circle